

# Monumental Movements LLC



**Root Cause Nutrition**

# Our Mission

Our mission is to guide you on a journey that extends far beyond the plate.

Providing an environment where clients can explore autonomy in their nutrition, unlock the mind's potential, dismantle limiting beliefs, and ignite profound personal growth.

You are an active participant of your journey.



# Interdependent Nutrition Counseling



Empowering autonomy in nutrition with our innovative approach gives you the knowledge, tools, and feedback to design your own nourishing meals while receiving professional guidance.

# Services

Genetic testing

Hypnotherapy

Quantum Health

Time Line Therapy

Interdependent  
nutrition

NLP results coaching

# Genetic Testing + Interdependent Nutrition Counseling

Price: \$1500 for testing + \$400 per month

- Initial consult (fee \$200)
- Genetic testing
- Gut health testing
- Interdependent nutrition coaching
- 2 meetings per month

Discount applicable if purchased as a 6 month package

# Full Nutrition Breakthrough

Price: \$6,700

- Initial consult (fee \$200)
- Genetic testing
- Gut health testing
- Time Line Therapy
- NLP clean up
- Hypnosis
- Accountability coaching (extra charge)
  - + \$2,500 for 3 months
  - + \$3,500 for 6 months

Discount applicable when bundled with additional accountability coaching for 3 or 6 month

# **SPECIAL BUNDLE:**

## **Two full breakthroughs + 1 year of NLP coaching**

~~Original price: \$18,000~~

New Price: \$15,500

- Initial consult (fee \$200)
- Genetic testing
- Gut health testing
- Time Line Therapy
- NLP clean up
- Hypnosis
- interdependent nutrition
- 1 year of accountability NLP coaching

### **NOTE:**

**Breakthroughs  
will be done 6  
months apart**