

THE EDGE OF EVERYDAY

with
SANDRA BARGMAN



Join us
Live in the Hive
MaximizeU.Life

The Edge of Everyday | Episode 10
Show Notes

4/1/2024 | Exploring Our Rough Edges
Through Poetry + Art
with Dixie Denman Junius

Today we are #LIVEintheHIVE with our special guest, artist and author Dixie Denman Junius. Her new book, *Circling the Start*, features her asemic ART which celebrates the sacred space where poetry and artistic symbology merge, and explores the liminal space between language and unspoken meaning. Like poetry, hers is a language that transcends the mundane and speaks directly to our souls.

In this episode we explore how art and poetry serve us in exploring our rough edges, and in this case, our mental health issues, and in finding meaning in them.

Dixie Denman Junius was raised in New York's Catskill Mountains near the Woodstock art colony. Surrounded by nature's beauty, she was immersed from an early age in a family and community of artists, artisans, musicians, and gifted educators.

She studied art, art history and psychology at Hartwick College and Boston University, graduating with a degree in psychology.

Her career took her from Boston to Southern California, where in the early 90's, she left her consulting practice to become a full-time artist. She studied papermaking at UCLA under Harriet Germain, becoming an accomplished papermaker, artist and teacher, showing and selling her work throughout Southern California.

These days, her eclectic work spans asemic writing/art, painting, drawing, papermaking, mono printing, mixed media, paper cutting, and photo- glitching.

What is ASEMIC writing? What is it's relationship to poetry and language? How can mental health issues be explored through poetry, unspoken language and artistic symbology?

www.DixieJunius.com | @dixie_junius_art
<https://www.anhingapress.org>
<https://www.vanvlietgallery.com/index.html/>

www.MaximizeU.Life | @MaximizeU_Tech
www.SandraBargman.com | @SandraBargman