

THE EDGE OF EVERYDAY

with
SANDRA BARGMAN



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Show Notes

5/1/2024 | **Creating Magic at Work with
Amy Lynn Durham**

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Today we are #LIVEintheHIVE with our special guest, Amy Lynn Durham, a UC Berkley Certified Executive Coach, CEO of Create Magic at Work, and, as her clients call her, The Corporate Mystic.

I am of the opinion that so many of the soul crushing ills we experience in today's world, the dark and truly ragged edges in our world today are from a LACK OF CONNECTION. A disconnect from ourselves, from each other, from our very home, Planet Earth. Advances in everything from forest ecology to microbiology show us we are not independent selves, but rather relational networks.

In this episode we explore how Leadership in Business is shifting to address that rough edge of connection.

In this conversation:

- Sandra and Amy share how they discovered the Edgewalker International community, where they met.
- Amy shares the identity that she leads with and how Create Magic at Work was born.
- Amy tells the story of leaving a high powered corporate lifestyle to incorporate her spiritual awakening.
- Sandra asks Amy about what compelled her to write her book, Create Magic at Work, for people who want to incorporate consciousness into their business practices. Amy shares about the power of doing her exercises and rituals in the workplace.

Amy Lynn Durham is a former Corporate Executive & a Recovering Workaholic. She is the CEO of Create Magic At Work® with the vision of transforming workplaces into vibrant hubs of creativity, productivity, and fulfillment. Drawing upon her extensive background in the telecommunications industry, Amy recognized the need for holistic approaches to organizational development and leadership enhancement. Amy works with clients and organizations through workshops, trainings and individual coaching.

Amy is host of the Create Magic At Work® podcast, and the author of both the prompt journal Creating Career Magic & the activity book Create Magic At Work. Through her multifaceted endeavors, Amy epitomizes the mission of Create Magic At Work®: to inspire intentional leadership, innovative strategies, and a culture of collaboration, transforming workplaces into thriving environments where magic is not merely a concept, but a tangible reality.

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