

Ep 23 Show Notes: Leadership at the Spiritual Edge | 10/15/2024

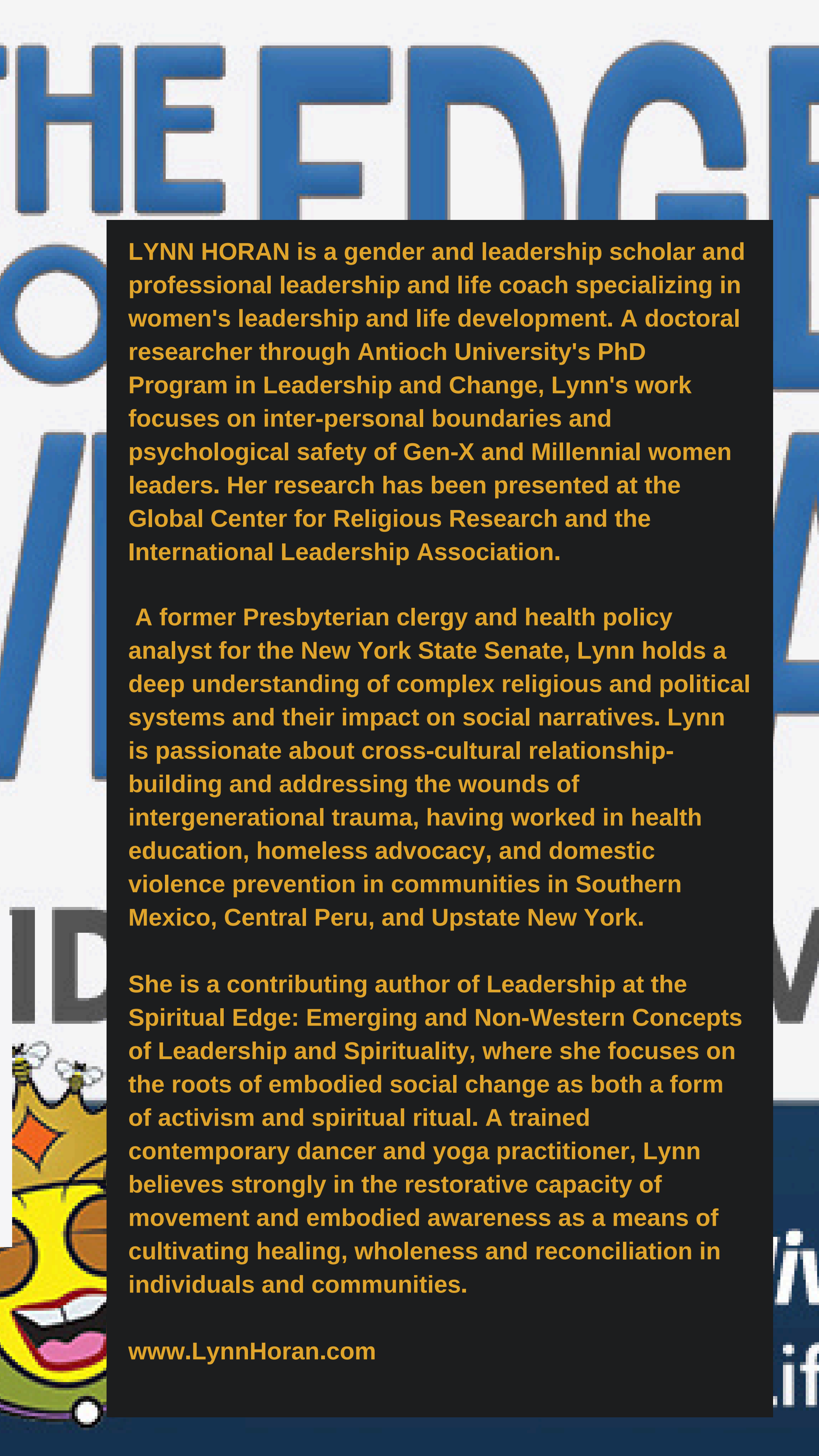
Today's episode is one of my favorites!

Today we are #LIVEintheHIVE with author, Interfaith theologian, and dancer, Lynn Horan for a compelling conversation about the edges between spirituality and leadership, the edges between the wisdom of the body and that of the intellect - and - we will dive into her work on embodied social change in her contributing chapter, **ACTIVISM, PERFORMANCE, and SPIRITUAL RITUAL** in the newly released book, **LEADERSHIP AT THE SPIRITUAL EDGE**, Edited By Mohammed Raei, Stacey K. Guenther, Lisa A. Berkley and published by Routledge.

In this episode, we touch on...

- Lynn's search for wholeness through her own embrace of her complex, paradoxical identities.
- Lynn shares about going to Peru and witnessing an **ACTO SYMBOLICO**, an ancient tradition of weaving ritual, performance, and social activism.
- What is Embodied Leadership + Social Change?
- Both trauma and white supremacy live in the body.
- Lynn shares her understanding on the Spiritual Edge we face today.
- How leaving her church/ministry informed her doctoral work - and her life.
- Discovering + utilizing the power of ritual - that began with dance and now informs her somatic work.
- What is the Mother Wound? And the demystification of this patriarchal relational dynamic.
- All this and SO much more...

#TheEdgeofEveryday #TheEdgeofEverydayPodcast
#LeadershipattheSpiritualEdge #ThePowerofRitual



LYNN HORAN is a gender and leadership scholar and professional leadership and life coach specializing in women's leadership and life development. A doctoral researcher through Antioch University's PhD Program in Leadership and Change, Lynn's work focuses on inter-personal boundaries and psychological safety of Gen-X and Millennial women leaders. Her research has been presented at the Global Center for Religious Research and the International Leadership Association.

A former Presbyterian clergy and health policy analyst for the New York State Senate, Lynn holds a deep understanding of complex religious and political systems and their impact on social narratives. Lynn is passionate about cross-cultural relationship-building and addressing the wounds of intergenerational trauma, having worked in health education, homeless advocacy, and domestic violence prevention in communities in Southern Mexico, Central Peru, and Upstate New York.

She is a contributing author of *Leadership at the Spiritual Edge: Emerging and Non-Western Concepts of Leadership and Spirituality*, where she focuses on the roots of embodied social change as both a form of activism and spiritual ritual. A trained contemporary dancer and yoga practitioner, Lynn believes strongly in the restorative capacity of movement and embodied awareness as a means of cultivating healing, wholeness and reconciliation in individuals and communities.

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