

Ep 28. Show Notes. 1.1.2025

We Were Made For These Times | a New Year Reading with Sandra Bargman

We don't have an interview today, but I offer a reading for the times to come, a short story by Dr Clarissa Pinkola Estes that inspires me deeply these days. I discovered the writings of Dr Estes over 30 years ago when I read Women Who Run with the Wolves, a book that was to change my young life and set me on my path to reclaiming my Wild Self.

The piece I share with you now was written in 2001 - 'We Were Made for These Times'.

Thank you, dear listeners. Thank you to everyone that contributes to and uplifts this podcast!

Happy New Year! Wishing you gentleness, love and ferociousness in 2025. #ferociouscompassion

Keep shining like gold. And remember, you are always at the edge of the miraculous.

Clarissa Pinkola Estés Réyes, Ph.D., is an internationally recognized scholar, award-winning poet, Diplomate Senior Jungian psychoanalyst, and cantadora--keeper of the old stories in the Latina tradition. She is the author of many books and audio recordings on the journey of the soul. Her work has been published in more than 40 languages, and her first book, Women Who Run With the Wolves: Myths and Stories of The Wild Woman Archetype, was on the New York Times' best-seller list for 145 weeks, as well as other best-seller lists including USA Today, Publishers Weekly, and Library Journal.

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#WomenWhoRunWith theWolves #2025
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