

THE EDGE OF EVERYDAY

with
SANDRA BARGMAN



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The Edge of Everyday | Episode 3 Show Notes

12/15/2023 | **The Inner Dominatrix: The Edge of Power, Pain, Pleasure, and Possibility**
with Dana Pharant

This is the bio Dana sent me. I adore her fierce irreverence, despite her extraordinary accomplishments.

"Dana Pharant is a Woo Woo master with the power to see people's core issues. She has a strong penchant for personal development, is a borderline crazy cat lady and she helps Alpha men and women face their shit so they can feel more alive, have more sex and make more money".

Dana is a Dominatrix, Sexual High Priestess, 5x Best-selling Author (stay tuned for #6) and 7-figure CEO. Dana brings 25 years of experience in guiding clients to big shifts. She draws on tools that are proven to work and field-tested with a range of people and organizations. As a former registered massage therapist, she's extensively studied the human body, as well as human behavior and energy psychotherapy. She is a #1 best-selling author of *Beyond Fear*, and an award-winning speaker (eWomen International and national organization H.U.B. Inc). Dana's commitment to living life in command of her feminine power and helping others connect with their Inner Dominatrix has made her a sought-after speaker and gained her recognition and respect.

I absolutely loved this conversation - I am all about opening up the door to taboo topics. Dana shared about her harsh childhood and her extremely unique healing journey, and how she discovered "kink".

Dana shared about her Presence Identity and the worlds in which she walks between, for she is a natural Edgealker.

We touched on how she has come to serve her clients on their healing journey, using the wisdom work of Sacred Sexuality and Surrender, how the Inner Dominatrix work translates seamlessly in Leadership, business, and entrepreneurialism. We heard stories, and Dana shared one nugget of wisdom after another. And we touched upon her upcoming SIXTH book!

Unfortunately, it was FAR too short, with a buffet sensibility - we touched on many powerful points - however we want to dive down deeper into the Dungeon to meet the Dominatrix Archetype and dispel the shadowy myths around her Power and Service. Much like the Witch Archetype, the Dominatrix Archetype is viciously maligned in our Patriarchal world. More on that in 2024.

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