

THE EDGE OF EVERYDAY

with
SANDRA BARGMAN



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Live in the Hive
MaximizeU.Life

The Edge of Everyday | Episode 7
Show Notes

2/15/2024 | The Dominatrix: A Special Part II Conversation on Power, Myth, + Healing with Dana Pharant

Today we are #LiveInTheHive with our special guest, Mistress Dana Pharant, for our follow up interview, a part II to our episode from a couple months ago, The Inner Dominatrix: The Edge of Power, Pain, Pleasure and Possibility.

You can catch that episode at [MaximizeU.Life/podcast/the edge of everyday](https://www.MaximizeU.Life/podcast/the%20edge%20of%20everyday).

I absolutely loved that conversation – Dana shared about her childhood trauma, her extremely unique healing journey, and how her discovery of “kink” contributed to her healing process. We touched on how she has come to serve her clients on their healing journey, using the wisdom work of Sacred Sexuality and Surrender, how the Inner Dominatrix work translates seamlessly in Leadership, business, and entrepreneurialism. We heard stories, and Dana shared one nugget of wisdom after another. And we touched upon her upcoming SIXTH book!

"Dana Pharant is a Woo Woo master with the power to see people's core issues. She has a strong penchant for personal development, is a borderline crazy cat lady and she helps Alpha men and women face their shit so they can feel more alive, have more sex and make more money". Dana is a Dominatrix, Sexual High Priestess, 5x Best-selling Author (stay tuned for #6) and 7-figure CEO."

Unfortunately that conversation felt FAR too short - while we touched on many powerful points we knew we wanted to dig down deeper into the Dungeon to meet the Dominatrix Archetype and dispel some of the shadowy myths around her Power and Service. Much like the Witch Archetype, the Dominatrix Archetype is misunderstood and maligned in our Patriarchal world.

And deeper into the dungeon we went. Dana...

- Dispels the myths of the world of the Domme.
- Shares wisdom around the powerful psychological and somatic healing work of “kink”.
- Shares more deeply around her childhood trauma and subsequent healing journey and opening the door of her shadow work.

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