## Ep 29. Show Notes. 1.15.2025

## Cultural Edgewalking | with Kristin Joy Ekkens

What is Cultural Intelligence? How does it intersect with DEIB? How does it serve being a Change Maker in these challenging times?

Today we are #LIVEintheHIVE with high performance coach, TEDx Speaker, and entrepreneur Kristin Joy Ekkens for a compelling conversation about reaching out of our comfort zones and across the cultural divide.

How can we be more inclusive? How can we, as 21st Century Leaders, embrace a more expanded understanding of adaptability? Join us to learn more about the transformational journey towards inclusion, positive cultural change, and high-performance leadership with Kristin.

In this episode we touch on...

- \* Understanding the Shadow side of Identity.
- \* What is CQ Cultural Intelligence?
- \* The evolution of Kristins' work, which began with her understanding of the intersection of people, culture, and language > Discovering her passion for ancient wisdom > Living with and learning from diverse cultures > Ultimately going into systems and creating an ecosystem of inclusion.
- \* DEIB is under attack in the US.
- \* Learn the four foundational skills of cultural intelligence.
- \* Difference between equality and equity.
- \* Kristins' mission and personal ethos: UBUNTU, and her TEDx talk on this topic.
- \* Kristins' latest company addition, Exponential Joy, a membership community: <a href="https://www.exponentialjoy.global">https://www.exponentialjoy.global</a> with retreats and gatherings, which recently included a pilgrimage along the El Camino de Santiago.
  - \* All this and so much more!

Kristin Joy Ekkens is a TEDx speaker, award-winning entrepreneur, executive coach, strategic advisor, and master facilitator. She's the Founder & CEO of Exponential Inclusion, a global impact company building inclusive and innovative cultures.

With over 20 years of experience, Kristin partners with global leaders and organizations to create lasting positive change. She recently completed an Executive program at Stanford Graduate Business School and holds certifications in Edgewalker Facilitation, Cultural Intelligence, and High-Performance Coaching.

**Find Kristen:** 

<u>www.exi.global</u>

https://www.exponentialjoy.global

https://www.linkedin.com/in/kristinjoyekkens/

Find Sandra:

www.SandraBargman.com

@SandraBargman

https://bsky.app/profile/sandrabargman.bsky.social

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