



Maximize potential & transform for a balanced, happier & impactful life.



Interdependent Nutrition Counseling

Empowering autonomy in nutrition with our innovative approach gives you the knowledge, tools, and feedback to design your own nourishing meals while receiving professional guidance.

OUR MISSION

Our mission is to guide you on a journey that extends far beyond the plate.

Providing an environment where clients can explore autonomy in their nutrition, unlock the mind's potential, dismantle limiting beliefs, and ignite profound personal growth.

SERVICES

- Genetic testing
- Quantum health
- Interdependent nutrition
- Hypnotherapy
- Time Line Therapy
- NLP results coaching

You are an active participant of your journey.

GENETIC TESTING + NUTRITION COUNSELING

\$1500 for testing + \$400 per month

- Initial consult (fee \$200)
- Genetic testing
- Gut health testing
- Interdependent nutrition coaching
- 2 meetings per month

*Discount applicable if purchased as a 6 month package.

FULL NUTRITION BREAKTHROUGH

\$6,700

- Initial consult (fee \$200)
- Genetic testing
- Gut health testing
- Time Line Therapy
- NLP clean up
- Hypnosis
- Accountability coaching (extra charge)
 - + \$2,500 for 3 months
 - + \$3,500 for 6 months

*Discount applicable when bundled with accountability coaching for 3 or 6 months.

SPECIAL BUNDLE

TWO FULL BREAKTHROUGHS + 1 YEAR OF NLP COACHING

~~\$18,000~~ **\$15,500**

- Initial consult (fee \$200)
- Genetic testing
- Gut health testing
- Time Line Therapy
- NLP clean up
- Hypnosis
- Interdependent nutrition
- 1 year of accountability NLP coaching

*Breakthroughs will be done 6 months apart.

For additional questions or details:

Please email coach@maximizeu.life or call **737-300-7667** or visit **MaximizeU.life**