

Ep 36 | What Will It Take to Know the Girl God? with Trista Hendren

Happy May Day!

This episode was recorded on Earth Day, April 22, and drops on May Day – some very potent energy!

Earth Day is an annual event celebrated on April 22nd, aimed at raising awareness and promoting environmental protection. It's a global movement where individuals, communities, and organizations unite to take action and address environmental and climate crisis issues.

May Day's cultural significance is deeply intertwined with spring goddesses and pagan rituals... its roots lie in ancient celebrations of fertility, nature, and of spring at its peak, often linked to deities like Flora (the Roman goddess of flowers), and Maia (the Greek goddess of fertility), and to the Celtic holiday, Beltane.

Here in the US, the government is rolling back every regulation and law they can to rape our environment, decimate our ecosystems, and dominate our Mother EARTH. The Patriarchal paradigm on parade for all to witness – a system built on separation. From body, from land, from lineage, from the sacred.

What will it take to know the Girl God, the sacred feminine?

Today we are #LiveintheHive with Trista Hendren, author, speaker, visionary founder of Girl God Books and ONE POWERFUL voice, mother, and leader in the dismantling of the patriarchal mindset and the remembrance and return to the wisdom and mystery of the Divine feminine, and to the ancient truth of kinship, reciprocity, and inter-being.

I was very moved by our passionate conversation. With so little to be sure of in these challenging times, I took great comfort in the probing vulnerability that was shared.

We touched on...

- Trista walks between many worlds. She was raised in a conservative Christian home and later wanted to become a pastor, only to realize there was no genuine leadership role for her in this denomination. She shares her story of her discovery of feminism, her Interfaith curiosity and conversion to Islam, and how living in Lebanon was life changing.
- The power of female sacred art and iconography, and the importance of the curated art she's used on book covers for Girl God Books.
- She shares the story of how her daughter inspired her to write *The Girl God*, the subsequent trilogy, and the evolution to starting Girl God books.
- What presses most on Trista is the time we have left! Women must regain their inner knowing – and we must improve our education of young women. Leaders must be held accountable.
- The enormous need for self-care in these challenging times.
- Her leading edge is her focus on the Palestinian genocide.
- The need for and power of ceremony and ritual and the incredible creation of a 2-ton concrete sculpture of *The Goddess of Willendorf* by her beloved husband on her property in Norway.

<https://www.britannica.com/topic/Venus-of-Willendorf>

- The Grandmothers Against Genocide holding the Norwegian government responsible for their contribution to the weaponry in the genocide and holding the media and press accountable for their promotion of propaganda. https://mariannebergvall.substack.com/p/norways-prime-minister-accused-of-complicity-to-genocide?utm_campaign=post&utm_medium=web&triedRedirect=true
- “What will it take?”, we asked over and over – yes, what will it take to know the girl god?
- All this and so much more...

Trista Hendren founded Girl God Books in 2011 to support a necessary unraveling of the patriarchal worldview of divinity. Her first book—*The Girl God*, a children's picture book—was a response to her own daughter's inability to see herself reflected in God. Since then, she has published more than 50 books with hundreds of contributors from across the globe. Originally from Portland, Oregon, she now lives in Bergen, Norway with her family. You can find more about her projects at www.thegirlgod.com

Find Sandra: www.SandraBargman.com | @SandraBargman

Resources:

<https://www.instagram.com/grandmothersagainstgenocide/>

<https://www.instagram.com/mothersagainstgenocide/>

https://mariannebergvall.substack.com/p/norways-prime-minister-accused-of-complicity-to-genocide?utm_campaign=post&utm_medium=web&triedRedirect=true

